

1. What was / has been your occupation before entering politics?

For the last 10 years, I have been the CEO of a not-for-profit community organization called “Regroupement des cuisines collectives de Gatineau”, that provides support to community-based collective kitchens and that fights food waste: 120 000 meals this year only and 35 tons of food waste avoided.

2. Do you live in the riding and, if so, how long has it been your home?

I grew up in Aylmer and own a house there. My two daughters and their children currently live in that house. I live 5 minutes away in the Pontiac riding.

3. What has been your main involvement with your community outside of work (volunteer activities, etc.)?

I am an active board member for one community-based organization, two regional organizations as well as a national one. I enjoy designing and implementing innovative ideas in fighting food waste and promoting women's rights.

4. In your life what event, or book, or speech, or song or even TV show has made the biggest impression on you and your political thinking? Why?

Factfulness, by Hans Rosling. Rosling, a Swedish MD, shows us that it is possible to change the world, based on disciplined thinking, not on fake news.

5. What previous politician, (alive or dead, but not currently in parliament) is a role model for you?

Constance Provost, who was mayor of Aylmer until the mid-90's. She was a strong woman who always stood up for her constituents. She was a developer, a woman with a vision for Aylmer and a person who had great respect for people.

6. What policy in your party's platform do you think matters most to the people in your riding?

Adaptation to climate change. The citizens of Hull-Aylmer have been suffering the direct consequences of climate change with recurring floods and increasingly violent storms, even tornadoes, over the last few years, and the severity and frequency of these events will only increase unless we act now.

I will support Canada's transition to a green economy because it is crucial for our future... and it is good for the economy! Our platform will create millions of green jobs and will ensure the retraining of tens of thousands of workers for the economy of the future.

I will also work to reform our food system to ensure access to nutritious and affordable food for all (that's sustainable development), and I will be relentless in voicing the concerns of the citizens of Hull-Aylmer and working on creative

solutions.

7. Recent polls suggest many Canadians are disillusioned with politics. If elected, what would you do to address those concerns?

I can understand why many Canadians would be disillusioned. People feel they are being manipulated by politicians. Too many politicians play with facts and figures to distort reality to their benefit. Too many politicians have made unfulfilled promises in the past. Politicians are perceived as being disconnected from "Mr and Mrs Joe Average".

We must re-establish a direct and sustained dialogue with voters, in particular those who do not vote anymore. We must rebuild trust between citizens and those politicians who say they want to change things on their behalf. The first step is to listen to them. Are politicians listening to tens of thousands of people increasingly concerned about climate change? We need to change the way we do politics if we want voters perception of politicians to change. Candidates of the Green Party do listen to people.